

Parenting Plan For

_____ (name of child)

This parenting agreement is between
_____ (mother) and _____ (father).

The agreement is for the period of
_____ to _____.

The parenting responsibilities shall be revised annually at the following
time: _____. If a new version of this parenting plan is not
agreed upon at this time, then the preceding agreement shall remain in
effect.

Check the following boxes as needed.

Legal Custody

Decision making power about the child's non-emergency medical
care, education and general welfare shall be:

- Joint (both parents)
- Sole (one parent only)
 - Mother
 - Father
- Divided or Alternating _____

Physical Custody

This means where the child is at any given time and which parent is
responsible for everyday decisions.

- Joint (both parents)
- Sole (one parent only)
 - Mother
 - Father
- Divided or Alternating _____

Our child's primary residence shall be with:

- Mother
- Father
- Both equally

Vacations

YES NO

- Each parent shall have up to ___ days/weeks of vacation with the child per year, subject to the following conditions:*

YES NO

- Vacation time shall be exercised in at least four-day increments.*
- Vacation time shall be scheduled for periods in which school is not in session (exceptions can be made if both parents agree).*
- The vacationing parent shall deliver written notice to the other parent, designating the vacation, at least ___ days in advance and no more than one year in advance.*
- Vacations shall not be scheduled so as to separate the child from the other parent for more than ___ days/weeks.*
- If the vacation falls in the schedule so as to create a longer separation; the vacationing parent shall offer the other parent a 24-hour period with the child just before or just after the vacation.*
- In the event of a conflict between selected vacation times, Father shall have first choice in odd years and Mother shall have first choice in even numbered years. The parent who has first choice that year must exercise his or her choice within ten days of receiving a notice of a proposed vacation from the other parent. If the parent with first choice does not protest within ten days, he or she waives the right to those particular dates.*
- Each parent shall provide the other with a basic itinerary for the vacation at least one week prior to departure to include travel dates, destination and telephone numbers for emergency purposes. If there is a change in plans, the new information shall be provided promptly.*

YES NO

- Parents shall be entitled to travel with the child outside of the United States for purpose of vacations during court ordered times without consent of the other party.*

Special Days

YES NO

- Parents shall have Special Days, which are an exception to the usual schedule in addition to the Mother's Day and Father's Day assigned to each parent.*
- In such cases a parent may change the usual schedule for up to 24 hours. This shall occur ___ times each calendar year, according to the following agreements:*

YES NO

- Written notice shall be delivered to the other parent no less than ___ days and no more than one year in advance.*
- The notice shall designate the specific time period of the Special Day (i.e. dates and pick-up and drop-off times).*
- Special Days shall not be scheduled on the other parent's holidays (including three-day weekends), birthday celebrations or vacations. Special Days shall not be scheduled for events in the child's life in which both parents would ordinarily participate, such as graduations, performances or athletic championships.*
- Special Days shall not be combined so as to separate the child from the other parent for more than the maximum amount of time permitted for vacations.*
- No more than two Special Days shall be used together.*
- The parent exercising Special Day privileges shall provide all transportation unless the transitions occur at regular school, day camp or after-school care transition times.*

Three-Day Weekends

YES NO

- Whenever a Monday or a Friday is a school holiday (during the school year) or legal holiday, the weekend shall be extended by 24 hours to include that holiday.*

Transportation/Exchanges

YES NO

- On those days when one parent picks up the child from the other parent after 6 p.m., the parent who was with the child before 6 p.m. shall ensure that the child has completed his or her homework and has eaten dinner.*
- The parents shall alternate transportation responsibilities to and from exchanges.*
- Pick-up/drop-off shall be at a school/public place such as a restaurant or park. State location:*

Others who may share driving responsibilities are:

- In the event that the child is ill at a transition time, the other parent shall be notified and appropriate plans made for how to care for the child.*
- The parent with whom the child spends the first part of a major holiday such as Thanksgiving Day or Christmas Day shall, at least one week prior to the holiday, notify the other parent in writing of the location at which they shall meet to exchange the child. This location shall be within 25 miles of the other parent's home, if no other agreement is in place.*

Right of Refusal

YES NO

- When a parent intends to leave the child in the care of someone else for a period of overnight or longer, that parent shall first offer the other parent the opportunity for additional time with the child.*

Exceptions to the above are: sleepovers at the homes of relatives or friends or similar activities of a primarily social nature.

After-school Care

The daycare or after-school programs in which shall the child be enrolled are: _____

(Write out schedule, including location and times of drop-off and pick-up.)

Monday	Tuesday	Wednesday	Thursday	Friday

YES NO

- Each parent shall be notified as to where the child will be after school while in the care of the other parent.*
- Either parent shall have the right to remove the child from after-school care in order to spend more time with the child if the other parent is not available to spend time with the child at that particular time. The other parent shall be notified promptly as to where the child is and where the exchange shall take place.*

Education

The child's educational requirements shall be determined by:

- Mother* *Father* *Both Parents*

The recommended public or private school for now is:

Other schools to consider in the future are:

The parent(s) who shall attend parent/teacher conferences is (are):

- Mother* *Father* *Both Parents*

Parents shall keep each other informed about school events by:

YES NO

- | | | |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Both parents shall have access to school records and personnel.</i> |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Parents shall confer concerning major educational issues such as repeating or skipping a grade, assessing for special education programs or gifted programs.</i> |
| <input type="checkbox"/> | <input type="checkbox"/> | <i>Written consent shall be provided to remove the child from an existing school or to place the child in another school.</i> |
| | | <input type="checkbox"/> <i>Mother</i> <input type="checkbox"/> <i>Father shall be listed as person(s) to be notified in case of an emergency. Their names, telephone numbers and addresses shall be listed on all school, caretaker, healthcare provider and activity records.</i> |

Enrichment Activities

YES NO

- The parent who has responsibility for the child on a particular day shall participate in activities such as field trips or athletics.*
- Each parent shall get approval from the other parent before planning enrichment activities, such as music lessons or sporting activities, when these activities fall on the other parent's time.*
- Parents shall consult one another about summer sleep-away camps or day camps by May 1st of each year.*

Special needs or talents that need to be addressed in order to supplement the child's education are:

Extracurricular activities that I think are important for our child are:

*Our child shall attend organized activities such as: Little League, Boy Scouts or School Activities.
Be specific:*

Religious Training

The religion the child shall be raised in is:

The child's religious training shall be handled by:

Anticipated times and ages when this training or special religious ceremonies are likely to occur are:

Medical Care

The person who shall take the child for medical check-ups and treatment is:

Mother Father Other _____

Receipts for shared medical expenses and an itemized list shall be provided to:

Mother Father Other _____

Our child's healthcare providers are:

Medical: Name: _____

 Address: _____

 Phone: _____

Dental: Name: _____

 Address: _____

 Phone: _____

Vision: Name: _____

 Address: _____

 Phone: _____

YES NO

 In the case of an emergency, either parent shall have permission to take the child for treatment. The other parent shall be notified within ___ hours of the incident. Details shall be provided such as the child's condition, location, information regarding how to locate a physician, hospital or other healthcare provider.

 Parents shall make medical decisions by consulting with the other parent. If there is a lack of agreement, parents shall seek help for deciding from: _____

Information about the child's medication shall be exchanged by: _____

 Each parent's itemized medical expenses for the child shall be provided to the other parent monthly, and the amounts will be combined and divided between them.

In case of an emergency, the care-providing parent shall contact the other parent. If the other parent is not available, then the following additional person shall be contacted in place of the other parent:

For Mother, contact:

Name: _____
Work phone: _____
Home phone: _____
Pager: _____

For Father, contact:

Name: _____
Work phone: _____
Home phone: _____
Pager: _____

YES NO

- Each parent shall seek routine healthcare for minor or ongoing conditions from the child's regular healthcare provider.*
- Parents shall coordinate medical, dental and vision care by deciding with the other parent. If no, who will decide?*

- If there is insurance available for a particular type of healthcare, neither parent shall select or utilize a healthcare provider who is not a preferred provider under the terms of the policy without the written consent of the other parent.*

Mental Health Care

The parent who will decide what mental health professional to go to and who will determine how long the treatment will last shall be:

Mother *Father* *Both*

Payment for the child's therapy shall be made by:

Mother *Father* *Both (Shared _____)*

YES NO

 Both parents shall be able to speak with the mental health professional regarding the child's progress or to address ongoing concerns.

 Written consent shall be provided to change or terminate therapy for the child.

Medical and Dental Insurance

Medical insurance for the child shall be carried by:

Mother *Father* *Other _____*

Dental insurance for the child shall be carried by:

Mother *Father* *Other _____*

A vision care plan shall be paid for by:

Mother *Father* *Other _____*

Medical, dental or vision care costs not covered by the insurance shall be paid for by:

Mother *Father* *Both (Shared _____)*

Financial Support for Our Child

The amount of money that shall be paid in child support:

\$ _____ per _____ (week, month)

by Mother to Father
 Father to Mother

Support shall be paid according to the following time schedule: (Example: \$250.00 on the 1st and 15th of each month)

The support money shall be delivered:

By mail In person Other (Never use the child):

The child's education shall be paid for by:

Mother Father Shared Other _____

Extracurricular activities shall be paid for by:

Mother Father Shared Other _____

State and federal tax deductions for the child shall be claimed by:

Mother Father Alternating – odd years _____

Other financial arrangements that shall be made for child's future education after high school are:

Assuring Future Support

YES NO

Parents shall maintain a \$ _____ life insurance policy, payable to _____

Parents shall set up a fund/savings account to be used towards the child's college education. If yes, describe in attached document.

Clothing

YES NO

Each parent shall maintain adequate clothing and accessories for the child's use with the expectation that as long as it fits, clothing shall be used in both households. The child's clothing belongs to the child and shall be used in both households. Clothing purchased by one parent shall either be worn back to that parent's home in the natural course of events within a few days or shall be returned laundered. Items such as jackets, tennis shoes and boots, which do not exist in duplicate in the child's wardrobe, shall move between households with the child. When moving back and forth between households, the child shall be dressed in properly fitted clothing that is in good condition.

Surname

The child's surname (last name) shall be: _____

YES NO

When a parent marries, the child shall be allowed to call the new person "Mom" or "Dad."

Extended Family & Special Friends

YES NO

The child shall maintain contact with grandparents and extended family on both sides. Exceptions to this are:

Other people who shall be encouraged to be available for the child are:

Communication Between Parent and Child

YES NO

- Each parent shall provide continuous contact for the other parent by telephone at a specified time.*
- Parents shall make the utmost effort to facilitate comfortable, natural telephone communication between the child and the other parent.*

The following hours are agreed upon as reasonable times for calls so that household life is not disrupted:

- The parents shall allow the child privacy for telephone conversations with the other parent. No recordings of these conversations shall be made.*
- Telephone communication with the child shall occur _____ times per week.*
- The parent with whom the child is residing is responsible for ensuring a return call to the other parent within a reasonable length of time in the event that a message is left or a call is initiated at an inconvenient time.*
- Parents shall not call the child earlier than 8 a.m. or later than 9:00 p.m., except in case of an emergency.*
- Whenever holidays, vacations or special days cause the child to be separated from a parent for more than three days, the parent caring for the child shall ensure that at least one telephone call every other day is completed between the child and the other parent.*
- Parents shall protect the child from exposure to animosity toward or disparagement of the other parent, including by other family members, friends or associates.*
- Parents shall not make any negative personal remarks about the other parent within hearing distance of the child, including the opportunity of the child to overhear personal or unflattering telephone conversations of a parent either with the other parent or about the other parent.*

Communication Between Parents

Parents shall communicate with each other:

YES NO

- in person*
- by telephone*
- by fax*
- by e-mail*
- by logbook*

Parents shall reach mutual decisions about child's care by:

YES NO

- When one parent makes important independent decisions affecting the child's life, that parent shall inform the other parent by:*

- Each parent shall provide the other parent with the address and phone number at which the child lives and notify the other parent within 48 hours of any temporary change of address and/or telephone number.*
- Each parent shall provide advance notification to the other parent of proposed and forthcoming medical care and shall notify the other parent immediately of illnesses requiring medical attention or any medical emergencies involving child.*
- A logbook that is shared between parents shall be transported by the child from one parent to the other to provide continuity in childcare and to cite all important events, emotions, physical state and medications of the child.*
- The other parent shall be informed of new people in the child's life such as daycare help, hired help and friends.*
- Each parent shall promote respect and affection for the other parent by not talking in a demeaning way about the other parent in front of the child.*

YES NO

- Parents shall assist the child in remembering the other parent on special occasions, birthdays or when the other parent is ill.*
- Both parents agree to never use the child to carry adult messages to the other parent.*
- Parents shall ask permission before scheduling events involving the child during the other parent's time.*

Each parent shall provide for the other parent promptly all communications and information regarding the following:

- Healthcare providers*
 - Report cards*
 - Newsletters and bulletins*
 - Lunch orders and menus*
 - Order forms for school pictures*
 - Invitations to special events including school, birthday parties or other activities that fall on the other parent's time*
 - Notice of activities involving the child*
 - Results of all standardized or diagnostic tests or evaluations of child progress, performance and/or ability*
 - Other: _____*
-

YES NO

- Agreements shall be written in a business letter style, and a copy shall be sent to the other parent.*
- Samples of child's schoolwork and other projects shall be shared with both parents.*
- Parents shall harmonize the child's routines and schedule from house to house. Each parent shall let the other parent know about bed times, nap times and other routines.*
- Each parent shall advise the other parent of his or her current address, residence telephone number and employment telephone number, fax number or e-mail address. Each parent shall notify the other parent of any change of address or telephone number.*

Corporal Punishment

YES NO

- Parents shall not use corporal punishment. The expectations parents have on disciplining child are:*

If parents shall use corporal punishment, the extent of the punishment shall be:

- Other people shall be allowed to use corporal punishment on child. If so, who?*

If a child complains about discipline in the other parent's home, the other parent shall communicate this to the other parent by:

Parent Education Classes

YES NO

- Both parents shall be required to finish an advanced skill-building parent education program. If yes, what program is suggested? (See suggestion below)*

- Proof of completion of the class shall be provided to the other parent.*

Suggestion for an advanced skill-building parent education program from C. Thomason of Reconnecting with Your Kids: *Eight-week Master Parenting Course* created by a Ph.D working with thousands of families, offered by *ReconnectingWithYourKids.com*. Available at: reconnectingwithyourkids.com/breakthrough-parenting-course Copy and paste this link into your browser.

Safety Issues

Safety issues that need to be addressed are:

YES NO

- Parent shall not use alcohol or drugs eight (8) hours before assuming responsibility of the child or while the child is in his or her care.*
- Firearms shall be safely locked away or stored off the premises.*
- Both parents shall get a CPR certificate. If so, where is CPR training available?*

When One Parent Wants to Move

YES NO

- Each parent shall be restrained from changing the child's residence to outside of a 15-mile distance from the child's school/current residence without the written consent of the other parent or orders from the Court.*
- The other parent shall receive a 45-day notice about a pending move away.*

Consent

Written consent of both parents is required for:

- Changing the child's regular healthcare provider*
- Major non-emergency surgery*
- Participation in dangerous activities*
- Change of child's surname*
- Issuance of a work permit*
- Signing for a driver's license*
- Issuance of a marriage license*
- Enlistment in the armed forces*
- Other: _____*

International Travel and Passports

YES NO

- The child's passport shall be available to both parents. If no, which parent shall keep the child's passport?*
-

Describe circumstances under which a child shall be permitted to leave the country.

Failure to Comply

YES NO

- Failure to comply with the agreements set forth in this parenting plan shall be grounds for taking legal action to correct the situation.*

My Schedule: Time Available for Our Child

<i>Time</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
6:00am							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00pm							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00am							
1:00							
2:00							
3:00							
4:00							
5:00							
TOTAL HRS							

**TIMESHARE CALENDAR
A Four-Week Schedule**

	MON	TUE	WED	THU	FRI	SAT	SUN
Week 1							
Week 2							
Week 3							
Week 4							

Designate pick-up/drop-off locations and times.

COMMENTS: _____

HOLIDAY/VACATION SCHEDULE

For holidays, vacations and special days, the following shall replace the usual schedule.

HOLIDAY SCHEDULE			
HOLIDAY	TIME	EVEN YEARS	ODD YEARS
New Year's Eve			
New Year's Day			
Martin Luther King Day			
President's Birthday			
Passover			
Easter Sunday			
Mother's Day			
Memorial Day			
Father's Day			
July 4 th			
Labor Day			
Yom Kippur			
Rosh Hashanah			
Halloween			
Thanksgiving			
Hanukkah			
Christmas Eve			
Christmas Day			
Personal Holiday			
Personal Holiday			
Child's Birthday			
Mother's Birthday			
Father's Birthday			
VACATION SCHEDULE			
Winter Vacation – 1 st Half			
Winter Vacation – 2 nd Half			
Spring Vacation – 1 st Half			
Spring Vacation – 2 nd Half			
Summer Vacation			
Other			

When There Are Bigger Problems

Drug or Alcohol Abuse

YES NO

- There shall be a drug/alcohol assessment for:*
- Mother* *Father*
- Mother* *Father shall submit to random drug testing for the standard panel of drugs with a release signed that the results shall be sent to:*
- The other parent* *Attorney for both sides*
- Other* _____
- Mother* *Father shall attend* ____ *number of AA or NA meetings per week.*
- If either parent suspects the other parent of being under the influence of drugs or alcohol at the time of the exchange the child, the child shall not be released to that parent. Either parent shall contact law enforcement to assist as appropriate.*

Anger Management

- Mother* *Father shall attend* ____ *anger management classes.*

Monitoring

Timeshare for *Mother* *Father shall be monitored.*

- A mutually agreed upon third party to be the monitor shall be:*

- Above named third party must be a professional monitor.*

- Above named monitor shall be paid for by:*
